

	Competitor	Club	Races	Points
1	Jill Butterworth	Rochdale Harriers	5	248
2	Lisa Carter	Radcliffe AC	6	228
3	Rose Rowson	Middleton Harriers	5	190
4	Stephanie Harrison	Rochdale Harriers	4	181
5	Janine Jordan	Middleton Harriers	5	171
6	Susanne Andrew	Radcliffe AC	5	164
7	Rachel Haslam	Astley & Tyldsley	4	159
8	Karen Conduit	Rochdale Harriers	5	157
8	Karen Hallett	Middleton Harriers	4	157
10	Janet Haworth	Rossendale Harriers	4	155
11	Monica Boland	Saddleworth Runners	4	149
12	Sheila McNulty	Radcliffe AC	4	145
13	Kate Perceval	Radcliffe AC	3	144
14	Fiona Lynch	Radcliffe AC	3	141
15	Catherine Murphy	Middleton Harriers	4	133
16	Brenda Roberts	Saddleworth Runners	4	125
17	Shirley Tuersley	Saddleworth Runners	3	121
18	Claire Matchwick	Astley & Tyldsley	3	120
19	Catherine Unwin	Rochdale Harriers	4	117
20	Jane Hodgson	Saddleworth Runners	3	113
21	Nicola Smith	Rochdale Harriers	4	108
22	Sissel Lundberg-Bury	Rossendale Harriers	3	107
23	Joanna Adamson	Middleton Harriers	2	95
24	Emma Bail	Middleton Harriers	2	93
24	Claire Cobby	Saddleworth Runners	2	93
26	Ruth Hutchison	Saddleworth Runners	2	88
27	Anna Blomfield	Rochdale Harriers	2	84
28	Abigail Thompson	Rossendale Harriers	2	83
29	Jan Needham	Rochdale Harriers	2	81
30	Susan Hinde	Saddleworth Runners	2	75
31	Jill Boustead	Saddleworth Runners	2	74
32	Kathryn Saville	Saddleworth Runners	2	70
33	Lorna Holt	Rossendale Harriers	2	64
34	Kay Campbell	Astley & Tyldsley	2	60
35	Jillian Heywood	Royton RR	2	51
36	Caroline Chambers	Saddleworth Runners	1	50

	Competitor	Club	Races	Points
36	Bridget Lancashire	Saddleworth Runners	1	50
36	Kay Welsby	Rochdale Harriers	1	50
39	Donna Cartwright	Radcliffe AC	1	49
39	Gaynor Keane	Saddleworth Runners	1	49
39	Fiona Williams	Rochdale Harriers	1	49
42	Christobel Heginbotham	Saddleworth Runners	1	45
42	Kate Holden	Radcliffe AC	1	45
44	Nicky Snook	Saddleworth Runners	1	44
45	Diane Winterburn	Rochdale Harriers	1	43
46	Susie Hirst	Rochdale Harriers	1	42
46	Caroline Smith	Rosendale Harriers	1	42
48	Suzanne Darke	Saddleworth Runners	1	41
49	Kate Ealing	Rosendale Harriers	1	38
50	Tracy Loughrey	Astley & Tyldsley	1	37
51	Chloe Hirst	Rochdale Harriers	1	36
52	Laura Fitten	Rochdale Harriers	1	31
53	Joan Cooke	Astley & Tyldsley	1	29
54	Hilary Farren	Rosendale Harriers	1	27
55	Joanne Walsh	Rochdale Harriers	1	25
56	Ruth Hare	Middleton Harriers	1	20