

	<b>Competitor</b>	<b>Club</b>	<b>Races</b>	<b>Points</b>
1	Jill Butterworth	Rochdale Harriers	6	248
2	Fiona Lynch	Radcliffe AC	6	240
3	Kate Percival	Radcliffe AC	5	240
4	Lisa Carter	Radcliffe AC	9	233
5	Stephanie Harrison	Rochdale Harriers	7	232
6	Karen Hallett	Middleton Harriers	7	216
7	Rachel Haslam	Astley & Tyldsley	6	209
8	Rose Rowson	Middleton Harriers	8	207
9	Janet Haworth	Rossendale Harriers	6	207
10	Bridget Lancashire	Saddleworth Runners	4	200
11	Janine Jordan	Middleton Harriers	7	197
12	Sheila McNulty	Radcliffe AC	6	192
13	Catherine Murphy	Middleton Harriers	7	188
14	Susanne Andrew	Radcliffe AC	6	174
15	Karen Conduit	Rochdale Harriers	6	163
16	Shirley Tuersley	Saddleworth Runners	4	160
17	Brenda Roberts	Saddleworth Runners	5	156
18	Jane Hodgson	Saddleworth Runners	4	154
19	Monica Boland	Saddleworth Runners	4	150
20	Catherine Unwin	Rochdale Harriers	5	145
21	Joanna Adamson	Middleton Harriers	3	143
22	Nicola Smith	Rochdale Harriers	5	133
23	Jan Needham	Rochdale Harriers	3	123
24	Claire Matchwick	Astley & Tyldsley	3	120
25	Jill Boustead	Saddleworth Runners	3	110
26	Kathryn Saville	Saddleworth Runners	3	108
27	Sissel Lundberg-Bury	Rossendale Harriers	3	107
28	Lorna Holt	Rossendale Harriers	3	98
29	Fiona Williams	Rochdale Harriers	2	95
30	Emma Bail	Middleton Harriers	2	93
30	Claire Cobby	Saddleworth Runners	2	93
30	Anne-Marie Hindle	Rossendale Harriers	2	93
33	Ruth Hutchison	Saddleworth Runners	2	88
34	Anna Blomfield	Rochdale Harriers	2	84
35	Abigail Thompson	Rossendale Harriers	2	83
36	Ruth Hare	Middleton Harriers	3	77

	<b>Competitor</b>	<b>Club</b>	<b>Races</b>	<b>Points</b>
37	Susan Hinde	Saddleworth Runners	2	76
38	Christine Smith	Rossendale Harriers	2	69
39	Kay Campbell	Astley & Tyldsley	2	60
39	Hilary Farren	Rossendale Harriers	2	60
41	Jillian Heywood	Royton RR	2	51
42	Kay Welsby	Rochdale Harriers	1	50
43	Donna Cartwright	Radcliffe AC	1	49
43	Gaynor Keane	Saddleworth Runners	1	49
43	Emily Morgan	Rossendale Harriers	1	49
46	Claire Goddard	Saddleworth Runners	1	46
46	Louise Waller	Rossendale Harriers	1	46
48	Christobel Heginbotham	Saddleworth Runners	1	45
48	Kate Holden	Radcliffe AC	1	45
50	Nicky Snook	Saddleworth Runners	1	44
50	Catherine Wilson	Rossendale Harriers	1	44
52	Diane Winterburn	Rochdale Harriers	1	43
53	Susie Hirst	Rochdale Harriers	1	42
54	Suzanne Darke	Saddleworth Runners	1	41
55	Kate Ealing	Rossendale Harriers	1	38
56	Karen Goldswain	Rossendale Harriers	1	37
56	Tracy Loughrey	Astley & Tyldsley	1	37
58	Chloe Hirst	Rochdale Harriers	1	36
58	Gill Simpson	Rossendale Harriers	1	36
60	Jane Hughes	Rossendale Harriers	1	35
61	Laura Fitten	Rochdale Harriers	1	31
62	Jackie Mason	Rochdale Harriers	1	30
63	Joan Cooke	Astley & Tyldsley	1	29
64	Joanne Walsh	Rochdale Harriers	1	25