

	Competitor	Club	Races	Points
1	Janet Haworth	Rossendale Harriers	4	197
2	Anna Blomfield	Rochdale Harriers	2	100
3	Christobel Heginbotham	Saddleworth Runners	1	50
4	Hilary Farren	Rossendale Harriers	1	49
4	Nicky Snook	Saddleworth Runners	1	49
6	Jill Boustead	Saddleworth Runners	1	48