

	Competitor	Club	Races	Points
1	Catherine Unwin	Rochdale Harriers	4	191
2	Shirley Tuersley	Saddleworth Runners	3	148
3	Sissel Lundberg-Bury	Rossendale Harriers	3	147
4	Catherine Murphy	Middleton Harriers	3	144
5	Diane Winterburn	Rochdale Harriers	1	50
6	Tracy Loughrey	Astley & Tyldsley	1	49
7	Joanne Walsh	Rochdale Harriers	1	47