

	<b>Competitor</b>	<b>Club</b>	<b>Races</b>	<b>Points</b>
1	Fiona Lynch	Radcliffe AC	6	248
2	Nicola Smith	Rochdale Harriers	5	234
3	Joanna Adamson	Middleton Harriers	3	149
4	Lorna Holt	Rosendale Harriers	3	142
5	Claire Cobby	Saddleworth Runners	2	98
6	Ruth Hutchison	Saddleworth Runners	2	96
7	Kay Campbell	Astley & Tyldsley	2	94
8	Donna Cartwright	Radcliffe AC	1	50
8	Gaynor Keane	Saddleworth Runners	1	50
10	Kate Holden	Radcliffe AC	1	49
10	Catherine Wilson	Rosendale Harriers	1	49
12	Joan Cooke	Astley & Tyldsley	1	45