

## FRA English Junior Championship/Challenge Age Groups - 2017

Age groups are determined by the runner's age on 31st December 2017, not race day.

Distance limits are determined by the runner's age on race day.

Distance limits apply to ALL (junior and senior) FRA permitted and insured races.

<b>Ineligible</b>	<b>Check age on race day</b>	<b>Eligible</b>	<b>Qualification</b>
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Note: An U18 runner may also take part in senior races over 10 Kms on attaining the age of 18.

Born AFTER 31/12/	Age on 31/12/2017	Age if birthday on race day or before	Age if birthday after race day	Age Group for 2017	Maximum Distance Kms
1998	18	19	18	U23/Senior	> 10
1999	17	18	17	U18	10
2000	16	17	16	U18	10
2001	15	16	15	U16	7
2002	14	15	14	U16	7
2003	13	14	13	U14	5
2004	12	13	12	U14	5
2005	11	12	11	U12	3
2006	10	11	10	U12	3
2007	9	10	9	U10	2
2008	8	9	8	U10	2
2009	7	8	7	U8	1
2010	6	7	6	U8	1
2011	5	6	5	U8	1
2012	4	5	4	UNDER AGE	0